#### Έντυπο

# «Νιώθοντας φροντίδα και υποστήριξη στο σχολείο μας : Ένα ταξίδι στον κόσμο»

### "Feeling CARED in School: A Journey Around the World"

Τάξη /Σχολείο: E class, 21th Primary School of Ilioupolis

Εκπαιδευτικός: Mayopoulou Kalina (art teacher)

Ψυχολόγος: Bagiartaki Vasiliki (special education teacher)

Πόλη/χώρα: Athens, GREECE

# Στην τάξη/σχολείο μας αισθανόμαστε....

Connected – Συνεκτικότητα (Με ποιόν τρόπο αισθανόμαστε «συνδεδεμένοι» στην τάξη/σχολείο μας;

At school we feel "connected" through the activities that take place (parties, performances, presentations, artistic creations, group work, communicating with our friends during breaktime). We are all children, with the same interests and we want to have a good time at school. We feel as if we are at home.

Accepted

Respected

Αίσθηση αποδοχής και σεβασμού (Τι είναι αυτό που στην τάξη/σχολείο μας, μας κάνει να αισθανόμαστε ασφαλείς και ενισχύει την αίσθηση του σεβασμού και της αποδοχής με βάση τις μοναδικές μας ανάγκες? )

At school we are all friends, a group, united. We know that there are many people there for us, to support us. Our teacher explains the we do not understand, he devotes time to us. We accept different people, all opinions are heard, when a mistake is made there is no mockery or insults. We speak politely, we are friendly and we show patience. The constructions in the Skills workshops, the icon of the Virgin Mary and the discussions with the teachers help us to feel nice and safe.

## Empowered – Ενδυνάμωση (Ποια είναι τα δυνατά μας στοιχεία ως τάξη/σχολείο;)

There is love between us. We are consistent, smart, creative, unique! We have humor, imagination and lots of talents. We have very good teachers and we like Language and Maths classes.





Discoveringourstrengths – Ανακάλυψη των δυνατοτήτων μας (Με ποιόν τρόπο ή τάξη/σχολείο μας συμβάλλει στο να ανακαλύπτουμε και να εξελίσσουμε τα δυνατά μας στοιχεία; )

Through group games in the Physical Education class, excursions, group activities in the classroom, being rewarded with positive reinforcement for good behavior we get better and learn to control our strengths, such as our spontaneity and anger. We are confident and we move forward in life, knowing not only our strengths but also our weaknesses which we try to turn into strengths.

